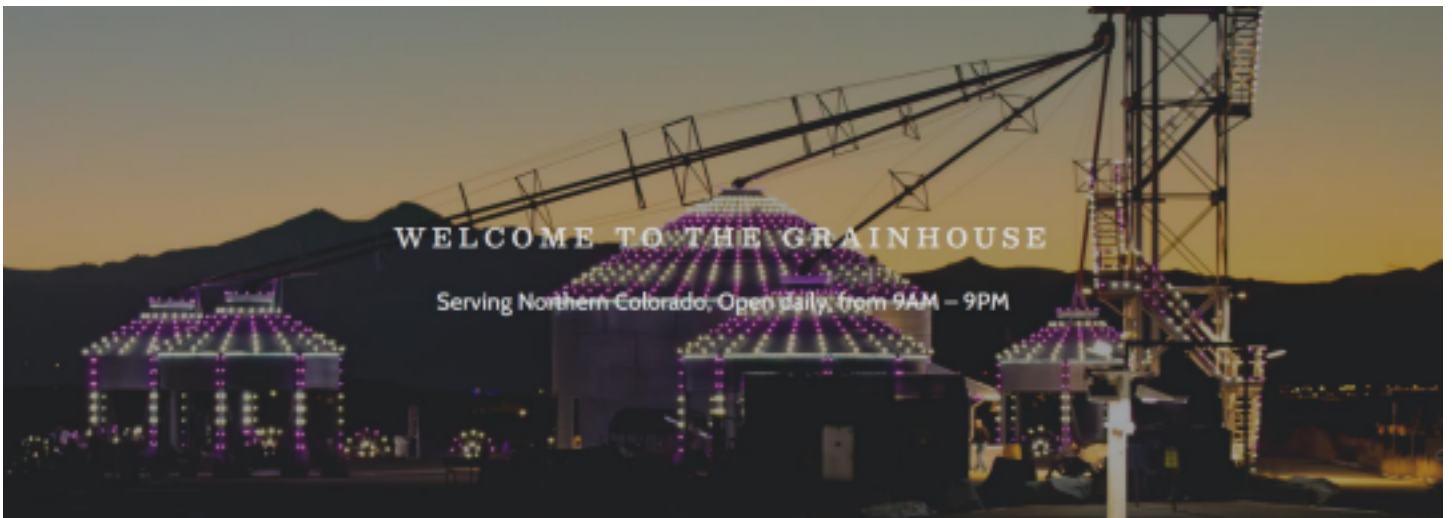




## 2025 Adult Sand Volleyball Leagues

Summer 2025 – Coed 6s

Competitive Tuesdays & Beer League Wednesdays



**League Director: [Kasey Dollerschell](#)**

**Cell: 970-589-9339, Email: [kasey.dollerschell@gmail.com](mailto:kasey.dollerschell@gmail.com)**

**Hosted at The Grainhouse**

**[1781-B RainDance National Drive, Windsor 80550](#)**

**Restaurant phone: 970-833-1721**

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## Welcome to The Grainhouse Adult Sand Volleyball Leagues!

We are beyond grateful for this opportunity to host and enjoy sand volleyball in Northern Colorado! Thank you for being a part of our inaugural season! Please read this packet *thoroughly* to understand our efforts in creating a fun, safe & enjoyable experience for all!

### Divisions/Dates/Times:

- Tuesdays (**Competitive**): 5/20, 5/27, 6/3, 6/10, 6/17, 6/24, 7/1
- Wednesdays (**Beer League**): 5/21, 5/28, 6/4, 6/11, 6/18, 6/25, 7/2
- Matches will be played at 6p or 7p

### Registration/League Cost:

- Reservation form ([click here](#)), Cost per team is \$360
- Call Grainhouse (970-833-1721) to pay registration fee & secure team's spot in the league
- Registration deadline is 1 week prior to the start of league

### Participants:

- These are *adult* sand volleyball leagues – participants must be 18 years of age or older
- Only players with signed consent forms will be permitted to participate

### Food Policy:

- No outside food nor drink
- Please enjoy the delicious menu at The Grainhouse ([view here](#))

### Spectators:

- Spectators are encouraged to eat, drink, be merry and heckle your favorite recreational

### athletes! Conduct/Sportsmanship:

- Our sand leagues are above all else meant to be FUN as well as safe.
- Any player found in violation of displaying unsportsmanlike conduct of any kind may result in removal.

### Volleyballs/Equipment:

- Players are encouraged to bring their own sand volleyballs
- 2 “game balls” will be provided however not mandatory to use

- 2 sand courts available and boundary lines set to “big court” (30x60)

### **Forfeits/No-Shows:**

- Team captains must inform League Director ([kasey.dollerschell@gmail.com](mailto:kasey.dollerschell@gmail.com)) *12-hours in advance* if the team cannot show for the match
- Teams forfeiting or no-showing 2 matches of play in 1 session are eligible for removal without refund • Day-of cancels/no-shows or failure to meet team requirements may result in additional forfeits • Teams have a 10-minute grace period to show up to scheduled match otherwise they forfeit the match

### **Inclement Weather:**

- Every effort will be made to keep the original schedule; however, we know Mother Nature has other plans • Matches will be cancelled in the event of lightning or ridiculously high winds
- Grainhouse staff will inform Team Captains *via email* of cancellations as early as possible day of matches • If lightening is an issue during play, expect delays or cancellations
- In the event of cancellations, we will not have make-up days, however, come enjoy a **COMPLIMENTARY BEVERAGE** day-of your scheduled match!

### **Format/Scorekeeping/Officials:**

- Teams will play 3 sets per match automatically & every point matters!
- First 2 sets played to 21, cap 23. Third set played to 15, cap 17.
- Teams will keep track of score & report to Grainhouse staff after league *each set*
- No officials provided, ref your own
  - Teams expected to implement an automatic replay with any discrepancies
    - No need to fight a call
    - Stay out of the net & don't get too weird about “double” contacts, this is not the AVP ○

[Click here](#) to review USA Volleyball rules on how the sport of sand volleyball is played **Timeouts:**

- 1 beer timeout per set – keep it to 30 seconds to keep the play moving

### **Girl Rule:**

- There is no “girl rule” (good luck keeping it away from anyone in the elements)

### **How to win the League/Prizes:**

- League winners will be determined on win-loss record and total points earned
  - In the event of a tie, head-to-head play will determine winner, last resort coin toss
- We cannot guarantee every team will play each other so do the best you can with the matches you play • Prizes – cash prizes, gift cards, swag and more!

### **Teams Requirements/Subs:**

- Teams will be comprised of males and females with every effort toward fairness & representation of each sex •

Teams must supply at minimum 4 players per match to avoid a forfeit

- Ideally, teams can field 6 players to show each week
  - In the case of 4 player teams, there must be 2 females & 2 males
  - In the case of 5 players teams, there must be at least 2 females/3 males or 2 males/3 females
  - In the case of 6 players teams, there must be 2 females or 2 males
    - That's right, you can have a team of 4 males/2 females or 4 females/2 males if you choose •

Teams may have unlimited subs

- Subs must sign the waiver **prior to** participation

### **Serving/Rotations/Backrow player:**

- Teams must rotate clockwise like normal volleyball and serve accordingly
- Players may serve anywhere along the endline
- Backrow players may not jump and attack in the front row/at the net
  - Assume the “indoor attack line” spacing (10 feet off the net)

### **Open Hand Tips/Blocking or Spiking Serves:**

- Players are permitted to open hand tip in 6s
- Players are NOT permitted to block nor spike serves

### **Overhead Digs/Sets:**

- Players may use their hands at any time (dig, serve receive, 2<sup>nd</sup> contact, etc)
- Overhead digs DO NOT need to be from a hard driven attack
- Again, not the AVP so be light on this judgment call but if everyone on the court has a collective “ew” then maybe it's a double, lift or at least a replay.

### **Schedules/Results**

- Schedules & results will be shared with Team Captains by email

**See you soon!**