



2025 Adult Sand Volleyball Leagues

Summer 2025 – Coed 6s

Tuesdays and Wednesdays



League Director: Kasey Dollerschell

Cell: 970-589-9339, Email: kasey.dollerschell@gmail.com

Hosted at The Grainhouse

[1781-B RainDance National Drive, Windsor 80550](#)

Restaurant phone: 970-833-1721

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Welcome to The Grainhouse Adult Sand Volleyball Leagues!

We are beyond grateful for this opportunity to host and enjoy sand volleyball in Northern Colorado! Thank you for being a part of our inaugural season! Please read this packet *thoroughly* to understand our efforts in creating a fun, safe & enjoyable experience for all!

Divisions/Dates/Times:

- Tuesdays (**Beer League**): 7/22, 7/29, 8/12, 8/19, 8/26, 9/9, 9/16
 - No games 8/5 or 9/2
- Wednesdays (**Beer League**): 7/23, 7/30, 8/13, 8/20, 8/27, 9/10, 9/17
 - No games 8/6 or 9/3
- Matches will be played at 6p or 7p

Registration/League Cost:

- Reservation form ([click here](#)), Cost per team is \$360
- Call Grainhouse (970-833-1721) to pay registration fee & secure team's spot in the league
- Registration deadline is 1 week prior to the start of league

Participants:

- These are *adult* sand volleyball leagues – participants must be 18 years of age or older
- Only players with signed consent forms will be permitted to participate

Food Policy:

- **No outside food nor drink**
- Please enjoy the delicious menu at The Grainhouse ([view here](#))

Spectators:

- Spectators are encouraged to eat, drink, be merry and heckle your favorite recreational athletes!
- We are a family friendly establishment and welcome kiddos to watch. However, please make sure they are not interfering with the game and are playing safely with others.

Conduct/Sportsmanship:

- Our sand leagues are above all else meant to be FUN as well as safe.

- Any player found in violation of displaying unsportsmanlike conduct of any kind may result in removal.

Volleyballs/Equipment:

- Players are encouraged to bring their own sand volleyballs
- 2 “game balls” will be provided however not mandatory to use
- 2 sand courts available and boundary lines set to “big court” (30x60)

Forfeits/No-Shows:

- Team captains must inform League Director (kasey.dollerschell@gmail.com) *12-hours in advance* if the team cannot show for the match

- Teams forfeiting or no-showing 2 matches of play in 1 session are eligible for removal without refund

- Day-of cancels/no-shows or failure to meet team requirements may result in additional forfeits •

Teams have a 10-minute grace period to show up to scheduled match otherwise they forfeit the match

Inclement Weather:

- Every effort will be made to keep the original schedule; however, we know Mother Nature has other plans • Matches will be cancelled in the event of lightning or ridiculously high winds

- Grainhouse staff will inform Team Captains *via email* of cancellations as early as possible day of matches • If lightening is an issue during play, expect delays or cancellations

- In the event of cancellations, we will not have make-up days, however, come enjoy a

COMPLIMENTARY BEVERAGE day-of your scheduled match!

Format/Scorekeeping/Officials:

- Teams will play 3 sets per match automatically & every point matters!

- First 2 sets played to 21, cap 23. Third set played to 15, cap 17.

- Teams will keep track of score & report to Grainhouse staff after league *each set*

- No officials provided, ref your own

- Teams expected to implement an automatic replay with any discrepancies

- No need to fight a call

- Stay out of the net & don't get too weird about “double” contacts, this is not the AVP ○

[Click here](#) to review USA Volleyball rules on how the sport of sand volleyball is played **Timeouts:**

- 1 beer timeout per set – keep it to 30 seconds to keep the play moving

Girl Rule:

- There is no “girl rule” (good luck keeping it away from anyone in the elements)

How to win the League/Prizes:

- League winners will be determined on win-loss record and total points earned
 - In the event of a tie, head-to-head play will determine winner, last resort coin toss
- We cannot guarantee every team will play each other so do the best you can with the matches you play
- Prizes – cash prizes, gift cards, swag and more!

Teams Requirements/Subs:

- Teams will be comprised of males and females with every effort toward fairness & representation of each sex
- Teams must supply at minimum 4 players per match to avoid a forfeit
- Ideally, teams can field 6 players to show each week
 - In the case of 4 player teams, there must be 2 females & 2 males
 - In the case of 5 players teams, there must be at least 2 females/3 males or 2 males/3 females
 - In the case of 6 players teams, there must be 2 females or 2 males
 - That's right, you can have a team of 4 males/2 females or 4 females/2 males if you choose
- Teams may have unlimited subs
 - Subs must sign the waiver **prior to** participation

Serving/Rotations/Backrow player:

- Teams must rotate clockwise like normal volleyball and serve accordingly
- Players may serve anywhere along the endline
- Backrow players may not jump and attack in the front row/at the net
 - Assume the “indoor attack line” spacing (10 feet off the net)

Open Hand Tips/Blocking or Spiking Serves:

- Players are permitted to open hand tip in 6s
- Players are NOT permitted to block nor spike serves

Overhead Digs/Sets:

- Players may use their hands at any time (dig, serve receive, 2nd contact, etc)
- Overhead digs DO NOT need to be from a hard driven attack
 - Again, not the AVP so be light on this judgment call but if everyone on the court has a collective “ew” then maybe it's a double, lift or at least a replay.

Schedules/Results

- Schedules & results will be shared with Team Captains by email